





# Instructor Led Training Online

Rizikon offers instructor led safety training classes online for all of our courses that do not have a required hands-on component.

The classes are designed to allow for real-time interaction between the students and the instructor. This allows for questions to be asked, answers to be given, and workplace scenarios to be discussed between all of the participants. The presentation material has been designed to be visually stimulating to increase and maintain the student's level of interest during the conduction of the class.



## General Safety

- ✓ Accident Investigation
- ✓ Back Safety & Lifting Techniques
- ✓ Basic Principles of Ergonomics
- ✓ Bloodborne Pathogens
- ✓ Electrical Hazards
- ✓ Hazard Communications Right-To-Know (GHS)
- ✓ Hazardous Materials - Introduction
- ✓ Industrial Hygiene - Introduction
- ✓ Lock out Tag Out (*Refresher Course Only*)
- ✓ Personal Protective Equipment
- ✓ Portable Ladder Safety
- ✓ Respirable Crystalline Silica Safety
- ✓ Safety Committee Best Practices
- ✓ Slips, Trips & Falls Prevention
- ✓ Walking and Working Surfaces, w/ introduction to Fall Protection



## Emergency Management

- ✓ Violence in the Workplace and Beyond: Awareness Level
- ✓ Crisis Intervention - Recognition & De-escalation
- ✓ Active Shooter Response Training
- ✓ Risk Based Security Governance
- ✓ Surveillance Role in Safety & Risk Management