



# HEALTH AND SAFETY TRAINING COURSES

> Instructor-Led      > Available Virtually or In-Person      > Hands On When Required

The Rizikon Safety Group offers a comprehensive catalog of health and safety training courses. Our goal is to provide effective and consistent education programs that reduce safety incidents and support a positive safety culture. In all our training classes, we offer compelling content and encourage two-way discussion with the participants, thereby maximizing the potential of real-world day-to-day operational improvement.

## HUMAN RESOURCES

- 1st Amendment Auditors
- Behavior-Based Safety
- Defensive Driving
- Dining Cafeteria Safety
- Discrimination
- Driver Safety & Distracted Driving
- Ethics
- FMLA
- New Employee Safety Training
- OSHA Reporting 300 Logs
- Reasonable Alcohol Service
- Return-to-Work Program
- Sexual Harassment

## LEADERSHIP / SUPERVISOR

- Accident / Incident Investigation
- DOT Reasonable Suspicion Drug & Alcohol Training
- Drug & Alcohol Supervisor Awareness
- Job Safety Analysis
- Safety Supervisor Culture
- Supervisor Safety Awareness

## OCCUPATIONAL HEALTH

- Asbestos Awareness
- Back Safety
- Bloodborne Pathogens
- Hearing Conservation
- Heat Stress / Cold Stress
- Hygiene In The Workplace
- Lifting Techniques
- Personal Protective Equipment
- Principles of Ergonomics
- Respirable Silica Safety
- Respiratory Protection
- Shop & Work Area Safety

## HEALTH AND SAFETY TRAINING COURSES CONTINUED



### CORE

- Confined Space Entry - Competent Person
- Electrical Safety
- Fall Protection
- Hand and Power Tool Safety
- Hazard Identification & Risk Assessment
- Ladder Safety
- Lock Out / Tag Out
- Machine Guarding
- NFPA 70E and Arc Flash
- OSHA Compliance - 10/30 hour, Construction (Federal & State)
- OSHA Compliance - 10/30 hour, General Industry (Federal & State)
- Powered Industrial Trucks (Forklift)
- Scissor & Aerial Lifts
- Walking & Working Services
- Welding, Cutting, and Brazing

### ENVIRONMENTAL & HAZARDOUS MATERIALS

- Hazardous and Universal Waste Management
- Hazardous Materials Handling & Storage
- Hazard Communication / GHS / SDS
- HAZWOPER
- RCRA Storing and Shipping Hazardous Waste

### ROAD AND FIELD

- Backhoe Safety
- Aerial Work Platform
- Bucket Truck Safety
- Chainsaw & Chipper
- Excavation, Trenching & Shoring Competent Person
- Flagger Safety
- Fleet Safety
- Groundskeeper Safety
- Heavy Equipment Operator Safety
- Hoisting and Rigging
- Mini Excavator Safety
- Overhead / Gantry Crane
- Skid Steer Safety
- Snow Plowing Safety
- Work Zone Safety
- Work Zone Traffic Control

### EMERGENCY PREPAREDNESS

- Active Shooter
- Emergency Preparedness
- De-Escalation Skills (Verbal)
- Fire Safety Awareness & Response
- First Aid / CPR / AED (Red Cross & AHA available)
- Front Desk Personal Safety Skills
- Front Desk Workspace Assessment
- Portable Fire Extinguisher
- Stop the Bleed
- Signs of Escalating Risk